



# Health Committee Fact Sheet 2019

## The Empowerment Congress (EC)

The Empowerment Congress, a distinctive and deliberate national model of civic engagement built on the core principles of participatory democracy, reciprocal accountability, and intentional civility, is a dynamic partnership among neighborhood groups, residents, nonprofit organizations, businesses, religious institutions, and community leaders within the diverse communities of Los Angeles County's Second Supervisorial District. The Empowerment Congress' mission is to educate, engage, and empower communities by fostering leadership, capacity building, and impacting public policy.

## The EC Health Committee

The EC Health Committee monitors health issues and legislative policies affecting the LA County Second Supervisorial District (SD2) to advise Supervisor Ridley-Thomas on key issues impacting the health and wellness of the community and mobilize the community to take action.

## Goals

1. **Collaborate and link** the SD2 office with the community through the Empowerment Congress Health Committee.
  - a. Host monthly committee meetings, special events, and subcommittee meetings, as needed.
  - b. Partner with community-based organizations within and outside of SD2
  - c. Support the work and activities/events of the individual EC Health Committee members and the community at large.
2. **Educate and inform** the community about key health policies and initiatives impacting SD2, in an effort to reduce health inequities.
  - a. Promote awareness of existing and emerging health topics.
  - b. Provide information and resources to increase knowledge on current health policies and initiatives.
3. **Advance emerging health issues** in SD2 and determine how to influence and develop policy.
  - a. Identify, prioritize, and advocate for health issues impacting the community.

## Committee Activities

The EC Health Committee hosts and co-hosts various activities directly related to the goals of the committee, including:

- CARE Harbor;
- Violence as a Public Health Issue: Shifting the Focus from Criminal Justice to Social Justice;
- The Legalization of Cannabis and Its Impact on Health and Community Outcomes; etc.

## Committee Meetings (check the website for any changes)

1<sup>st</sup> Tuesday of each month (6pm – 7:30pm)

Exposition Park Constituent Service & Training Center

900 Exposition Blvd., South Lawn, Los Angeles, CA 90007

## For more information:

Please contact the Health Committee at [health@empowermentcongress.org](mailto:health@empowermentcongress.org) or (213) 346-3247.

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