



**EMPOWERMENT CONGRESS
HUMAN SERVICES COMMITTEE MEETING**

COVID-19 FOOD RESOURCES & VOLUNTEER OPPORTUNITIES LIST

Covid-19 County Website:

<https://covid19.lacounty.gov/>

- **The County's webpage for food and nutrition resources during the pandemic:**
<https://covid19.lacounty.gov/food>
- **Regional Food Bank's food pantry locator:**
<https://www.lafoodbank.org/find-food/pantry-locator/>
- **Volunteers are needed from 10 am to 4 pm for the following distribution events:**
 - I. Wednesday, May 20, 2020 (Inglewood)
 - ii. Thursday, May 21, 2020 (West Adams)
 - iii. Thursday, May 28, 2020 (Crenshaw)
 - iv. Friday, May 29, 2020 (Compton)

To volunteer, please contact Nancy Harris, nharris@faithfosterfamilies.org

- **Volunteers are needed in Compton on Fridays until June 19th:**
 - Set-up/Unloading Team: Volunteers that are able to lift and move 10-20lbs will be needed to unload the delivery truck of 250 food boxes, eggs, veggies and other foods. **8:00am-10:00am** [Sign up to help on a Friday here](#)
 - Food Distribution Team: Volunteers are needed to help load food boxes into the cars of the families as they drive thru the pick-up location. **11:00am-4:00pm**. [Sign up to help on a Friday here](#)
 - Any questions, contact Luis at lmelliz@communities-motion.com or 310-701-6057
- **Households in need that reside in or near Compton are invited to:**
 - Free Drive-Thru Food Distribution
 - East Rancho Dominguez Park
 - When: Friday, May 15, 2020 from 9:00 a.m. — Noon
 - Where: 15116 Atlantic Ave, Compton, CA 90221
 - Who: No eligibility requirements, open to all
- **Veterans in need:**

- If you would like to nominate a veteran in need, who resides in the Second District, for a Memorial Day weekend dinner and grocery distribution event, please send the veteran's name, phone number, email address, and area of the district in which the veteran resides to:
humanservices@empowermentcongress.org by May 20th