



Monthly Committee Recording Tool

Meeting Date: November 6, 2014

Committee Name: Mental Health

Committee Co-Chairs: Betsy Pfromm & Dr. Jack Barbour

Second District Staff: Kathleen Austria

Recorder: César Portillo

Please attach a copy of the sign-in sheet.

Discussion notes (include topics of interest, review of old business, and presentation notes, if applicable):

1. South L.A. Trauma-Informed Community Initiative
 - a. Cesar reported that EC MH leadership is continuing to pursue this initiative.
2. Empowerment Congress Summit: January 17, 2015
 - a. Cesar reported on the work of the workshop subcommittee on the topic of Trauma Informed Community. The full committee reviewed the subcommittee's input and discussion included the following:
 - i. Areas of focus should include:
 1. Developing a trauma informed community
 2. Understanding how PTSD affects our urban community & countering perception that it only affects veterans of war
 3. ACES – the Adverse Childhood Experiences Study on the impact of childhood trauma on adult health
 4. Link between PTSD & Substance Abuse
 5. Value of talk therapy
 6. Association of trauma with domestic violence
 7. Law enforcement & trauma
 - ii. Format (Assuming 70 minutes of actual workshop time)
 1. High energy opening (Perhaps song or performance)
 2. Expert panel (see item iii below)
 3. Q& A Cards instead of break-out focus groups
 4. Chart paper to collect individual input as we wrap up discussion
 5. Distribute a resource list for trauma-informed services
 6. In our workshop program list panelists
 - iii. Panelists to invite to speak on developing a trauma-informed community:
 1. LA County DA Jackie Lacey
 2. State Senator Holly Mitchell
 3. Dr. Tony Beliz, Deputy Director of DMH Emergency Operations Bureau (Retired) (Addressing schools & trauma)
 4. Jo Helen Graham, Mental Health Commission (?) (Addressing jail diversion as a resource in response to trauma)



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- 5. Catherine Clay, Consumer
- 6. Tiffany Duvernay, Consumer, Seeking Safety

Other invitees to consider:

- 7. Dr. Ross, Cal Endowment (Every Day Courage Trauma Campaign)
- 8. Stephen M. Shea, M.D., Chief Mental Health Psychiatrist & Director, DMH Jail Mental Health Services
- 9. Expert on Philadelphia model
- 10. Expert on domestic violence
- 11. Expert on primary care & trauma

iv. Potential Workshop Names:

- 1. César submitted *“Safe & Sound in South LA: Envisioning A Trauma Informed Community”* as a place holder.
- 2. Pending approval of workshop by EC leadership, the following were suggested as other options:
 - a. Color Me Trauma
 - b. Trauma-Informed Healing: New Paths to Success
 - c. Faces of Trauma
 - d. Beyond the Face of Trauma
 - e. Everyday Courage
 - f. Urban Trauma
 - g. Healed & Empowered
 - h. De-compartmentalizing Trauma

- 3. Next Committee Meeting: Thursday Dec 4th at noon
Workshop planning subcommittee will meet one hour before (11 am on the 4th)

Announcements: N/A

Next Steps:

Action Item	Person(s) Responsible	Due Date	Comments
Pursue the South L.A. Trauma-Informed Community Initiative	EC MH Leadership	Ongoing	
Meet to plan for the potential Mental Health Committee Workshop at the 2015 Empowerment Congress Summit	Summit Workshop Subcommittee	12/4/2014	